

# OUR KITCHEN GARDEN IN SEPTEMBER

The next chapter in the Craggy Range Organic Kitchen Garden began in October 2022 with its expansion to over 800 square metres. Our aspiration is now on becoming the first closed-loop garden to table restaurant in New Zealand.

It's a place for learning, insight, and inspiration.

Earlier this year, we progressed our biodynamic and organic management by making and applying Preparation 500 Horn Manure and Stinging Nettle Preparation 504 to our kitchen garden, which will assist in regulating acidity, stimulating the growth of root systems to greater depths and increasing the germination rate of seeds.

As expected, the start of Spring is a busy time; in September, we are sowing seeds and potting up seedlings, and there is much planting to be done - Radish, Mizuna, Komatzuna, Lettuce, Beans, Jerusalem Artichoke, Cucumber, Basil, Perpetual Spinach, Parsley, Shiso, Rainbow Chard, Yacon, Pumpkins, Magenta Spreen, Dill, Potatoes and Salsify (phew!)

If you walk around our lakefront, you may be too distracted by the view of Te Mata Peak to notice a brand new development... A herb garden is to be built closer to the restaurant, giving us more space to grow a wider variety and quantity of herbs for our chefs, keeping their creative juices flowing and continuing to inspire what is on your plate today. During this month, the perennial herbs that will be moving to this new garden will be dug up in preparation for this. This is a very exciting new development in the story of our kitchen garden.

We warmly invite you to visit our kitchen garden during your time with us and see these exciting updates in September for yourself.

## HARVESTING

CALENDULA FLOWERS | VIOLAS | DILL | CHICORY | UPLAND CRESS |  
THYME | CONE CABBAGES | PARSLEY | SALAD BURNET  
NEW ZEALAND SPINACH | WATERCRESS | SORREL | JERUSALEM ARTICHOKE  
SHISO | TURNIPS | SWEDE | RADICCHIO  
RED LETTUCE | MINT | LEMONS | LIMES | KAFFIR LIME | LEMON VERBENA  
LOVAGE | CORNFLOWER | BEETROOT | OAK LEAF SALAD | ROSEMARY